

Riverside Adventures Mountain Bike Lesson Risk Disclosure



1. Purpose and Scope

This Risk Disclosure is intended to inform participants (and/or their parent/legal guardian, if the participant is a minor) of the inherent risks associated with mountain biking activities provided by **Riverside Adventures** (“the organisation”). By acknowledging and signing this document (or ticking the consent box in an online form), you confirm that you understand these risks and agree to participate (or allow your child to participate) under the conditions set out below.

2. Acknowledgement of Inherent Risks

1. Activity Risks

2. I understand that mountain biking is an adventure activity that may involve uneven or unpredictable terrain, obstacles (e.g., rocks, roots, logs), steep or slippery surfaces, variable weather conditions, and other natural or man-made hazards.
3. I acknowledge that accidents and injuries can occur, including but not limited to sprains, fractures, lacerations, and, in rare cases, more serious harm.

4. Equipment Risks

5. I understand that bicycles, helmets, and other safety gear can fail or malfunction, even if used properly and maintained by qualified personnel.
6. If I (or the participant) am using my own equipment, I confirm it is in good working order and suitable for the Activity.

7. Personal Capabilities

8. I acknowledge that my (or the participant’s) physical and mental condition should be suitable for mountain biking. I will disclose any relevant medical conditions, prior injuries, or concerns that may affect safety or participation.

3. Acceptance of Responsibility

1. Compliance with Instructions

2. I agree (or I will ensure that the participant agrees) to follow all instructions, guidelines, and safety rules provided by Riverside Adventures’ instructors or staff.
3. I understand that negligence in following instructions can significantly increase the risk of harm.

4. Protective Gear

5. I acknowledge that wearing a well-fitted, NZS-compliant or otherwise recognised safety helmet is mandatory.
6. I will also consider (or ensure the participant considers) using additional protective equipment such as gloves, knee pads, or elbow pads.

4. Limitation of Liability

1. Extent Permitted by Law

2. I agree that Riverside Adventures shall not be liable for any loss, damage, or injury arising out of or connected with the Activity.
3. I acknowledge that Riverside Adventures has taken all reasonably practicable steps to identify and minimise risks, in compliance with New Zealand's health and safety legislation.

5. Medical Treatment and Emergencies

- I authorise Riverside Adventures to arrange any emergency medical care if deemed necessary and understand that any costs not covered by ACC or other insurance will be my responsibility.

6. Use of Images

- I grant Riverside Adventures the right to use any photographs, videos, or other media depicting me (or the participant) during the Activity for promotional purposes, without further permission or compensation. If I wish to opt out, I will notify Riverside Adventures in writing before the Activity commences.

7. Governing Law

- This Risk Disclosure is governed by the laws of New Zealand. Any disputes arising in connection with this document or the Activity shall be subject to the exclusive jurisdiction of the New Zealand courts.

8. Declaration and Signature

1. Adult Participant or Parent/Guardian

2. I confirm that I am at least 18 years old and/or am the legal guardian of the named participant (if a minor).
3. I have read and fully understand this Risk Disclosure and accept its contents voluntarily.
4. I acknowledge that by signing (or ticking the consent box), I am indicating that I understand the nature of mountain biking activities, the associated risks, and my responsibilities.

5. Consent

6. If applicable, I provide consent for my child to participate in the Activity with Riverside Adventures under the terms and conditions detailed above.

By signing below or ticking the box in the registration form, I confirm that I have read, understood, and agree to the terms of this Risk Disclosure.

- Participant Name: _____
- (If participant is a minor) Guardian Name: _____
- Signature or Consent Confirmation: _____
- Date: _____